

THE KISWCD PRECURSOR

A SEMI QUARTERLY NEWSLETTER

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A Word from the Director

This year is difficult for all organizations in terms of surviving the current global economic crunch. As an organization we need to use the existing resources and facilities sparingly because nobody knows what the future portends.

I am also urging the student fraternity to use the resources given by parents, sponsors and guardians more prudently. Let us avoid waste of all forms during this difficult time.

Above all, let us continue to praying to the Almighty God to provide the much needed rain in the country and a peaceful environment for all of us.

Lastly let us refocus all our energies to ensure that **KISWCD** is able to achieve its vision of being the market leader in the field of Social work and Community development. May **God** bless **KISWCD**.

Benjamin M. Mutie

Director of Programmes

Real Time Living

The story is told of a man whose uncontrollable anger made him beat his wife. The lady turned her wrath to the child who beat the dog in vengeance. The dog bit the cat and the cat poured the milk which Mr. Man had just delivered for breakfast.

Each person is entitled to an opinion as regards the human rights and privileges but the worst scenario is when one expects this opinion to meet his/her basic human needs. Actually, the fact is that being responsible in real time will yield considerable benefits today and in future. This is an awakening call for us to make deliberate efforts to build a firm foundation that will support our future career walls and shield us from the excruciating pain of poor economic status. However, the conscious self should remind us that blame games ends at nothing but a loss as depicted by the analogy above. **KISWCD** has given us an opportunity to be in the right career path. Nevertheless, it is our sole responsibility to **BECOME** the Social Worker, Project Manager e.t.c. within the limited timeframe.

Food for thought: Do not ask the Lord to guide your footsteps if you are not willing to move your feet.

Jackson Wachira

Principal

Career choice and planning

According to **God's** design, every human being has been created with greatness in mind and a **KISWCD** student is not an exception. This implies that within us there is incredible potential.

God created a person for a purpose; each person is designed for an accomplishment, engineered for success and endowed with seeds for greatness. To achieve this greatness it is a matter of choice because **GOD** is just and will not impose on us what is not fair but will facilitate our choices. Many people have chosen different means where academic remains the major means especially in the 21st century. Where one chooses academic as a means to achieving this greatness, it is suggested that one need to have **SMART** career plan hence career path.

By B.A Gitonga, HOD project planning and management

What drives you?

You are passionate when you are pursuing your dreams and not focusing on your limitations

It takes a great deal of frustration and personal pain to push some people beyond their comfort zone. Strive to see yourself 10 years from now, having made no progress and feel the excruciating disappointment for a while, if that doesn't feel good, take that feeling and harness it as a motivation to have passion for what you aim to be.

Pray with passion. Live with passion. Study with passion. Work with passion. Thrust forth into a new beginning with unstoppable determination. Let passion work for you and carry you to unlimited personal growth and satisfaction. You are passionate when you are pursuing your dreams and not focusing on limitations. You are passionate within, despite your surrounding on the outside. You are passionate when you wholeheartedly live your dreams. Don't allow or tolerate drainers of your passion. You were born an original. Don't die a copy. Write your life story with originality.

Diana Ackerman said, I don't want to get to the end of my life and find that I just lived the length of it, I want to have the width of it as well.

By Ayuya Caroline, HOD counseling

What is Happiness?

Happiness is a very subjective factor in one's life; it does not depend on achieving what you want, but making the best of what is given. Life is not fair, it never was. The only thing that can make you completely happy is contentment. Be contented with what you have but be sure to aim high and never stop believing you can do better every time, then and again. If else fail do not forget an ordinary you has an extraordinary God.

By Jerioth (DSW student)

Christian Union

Christian Union is a non denominational body of students that congregate together to spend time together and with God. We try to create a relaxed and comfortable atmosphere where all are welcome whether they are Christian or not. Each day we spend some time in prayer and singing songs of praise and worship

The Christian Union Programmes currently on cause are the morning devotions which take place at the college precincts on daily basis from 7.30am to 7.55am. Other Programmes include fellowships which take place on Friday the 2nd week of every month. If you would like to know more about CU activities please feel free to contact the following officials; Mr. Herbert Yogo CU coordinator, Leah Kithure Assistant coordinator, Mildred Andia Chairperson and assistant chair person Godfrey Shikanga

KISWCD Fraternity

The following members of staff left **KISWCD** Mr. Ateka, Mrs. Nelly Makau and Ann Ngotho. We are also glad to welcome to the **KISWCD** fraternity Mr. Sahani, Ms Daisy & Mr. Onyango to the DCD/DSW department and Mr. Peter Wainana Marketing manager

Educational talk

JULY, 2009

Educational Talk on Self Help Groups

About 50 students attended an educational talk on the role of self help groups in fighting poverty which was held on Thursday, 16th July 2009 at KISWCD.

The talk was delivered by a Ms. Loise Maina the co-ordinator of self help group approach in Kenya. The talk included information on the definition, characteristics, effects and causes of poverty as well as ways of fighting it. The talk was well received with enthusiastic response from those who attended.

Prayer day

Since its inception in July 2008, prayer day has become part of KISWCD annual event. This year was not exception as students and staff at KISWCD set aside a day specifically for reflection and prayer.

It was a day for all who attended to examine their faith through music, prayer, and to commit the students preparing to start their exams to God.

This year's prayer day featured Reverend Gachoka as the guest speaker. He encouraged and prayed for students who were preparing for exams. In his sermon, he reminded us that God knows us: we are fearfully and wonderfully made!

Examinations Department

The department would like to inform all students who did their Diploma and Certificate exams in June that their examination results will be released on Tuesday 4th August 2009.

Accounts Department

All students are reminded to always clear their fees on time and make sure that they pick their clearance in advance so as to attend the classes without any interruption. We wish to welcome back HOD accounts department, Mrs. Ann Kiarie who was on leave in May and July. Fees deposits are made at the college account indicated below:

Fee payment mode- bank

Cooperative bank, AC name

Kenya Institute of Social Work and Community Development

AC no. 0112039917700

Branch- NACICO

Short Courses

The following short courses were offered in the month of June and July: logistics and procurements, training of trainers/facilitators (TOT/TOF), technical report writing presentation skills, customer care skills development, community capacity building and Disaster preparedness and management skills. All interested students should book with the principal **KISWCD**.

Academic Trips

June, 2009

On 5th June 2009, a group of Community health students accompanied by their staff conducted a field trip to Nairobi Sewage Treatment Plant at Ruai Nairobi. The staff at the plant took the students through an elaborate process undertaken at the plant in the treatment of sewer. Operation of the control room and various equipments in use were also elaborated. The purpose of the trip was to provide students with experiences that could not be duplicated in class but are nonetheless an integral part of their studies.

July, 2009

On 25th July 2009, KISWCD students in the company of their staff paid a visit to Thogoto home for the aged, where they donated various items and foodstuffs. While at the home, students engaged in various activities in the home the students interacted with the aged as well as doing other household chores.

Next months highlights

- 3rd 12th August: **Full-Time students break.**
- 3rd 5th August: **Workshop for 1st semester units**
- 5th 7th August: **Workshop for 2nd semester units**
- 6th August: **Orientation day**
- 10th 12th August: **Workshop for 3rd semester units**
- 10th August: **Start of unit(s)**
- 15th August: **Field trip CSE/CCSE/DHIV/ECD**
- 27th August: **Educational talk**

Upcoming event

- 11th September: **KISWCD Graduation Day**

Semester units

The reporting date for the third semester units shall be Monday, 10th August 2009.

Food for thought

Did you know that God blesses from a point of weakness?

It may sound hard to believe but let's look at the bible. It was because Sarah was childless that she was blessed with Isaac.

It was because Hanna was childless that she was blessed with a son Samuel.

It's the high time we stopped dwelling on what we do best and concentrated on our weaknesses and make them the stepping stones that will make us become masters of our own fate.

From editor desk

The editors appreciate your comments and contribution towards making this newsletter a success. For any information or submissions contact; Mr. Isaac Kipsang and Mutua Pauline.